



# *Infinite Chi Kung*

with

## *Gloria Hanson*

### **Burnage Garden Village Hall**

**Tuesday Mornings - 10:30 - 11:30 am**

#### **January - August Schedule 2017**

##### **Session 1**

17 January  
24 January  
31 January

##### **Session 3**

7 March  
14 March  
21 March  
28 March (No Class - Play)

##### **Session 5**

2 May  
9 May  
16 May (No Class)  
23 May  
30 May

##### **Session 7**

4 July  
11 July  
18 July (No Class)  
25 July (No Class)

##### **Session 2**

7 February  
14 February  
21 February  
28 February

##### **Session 4**

4 April  
11 April  
18 April  
25 April

##### **Session 6**

6 June  
13 June (No Class)  
20 June  
27 June

##### **Session 8**

8 August  
15 August (No Class)  
22 August (No Class)  
29 August (No Class)

#### **Classes Resume 12 September 2017**

Please wear comfortable clothing for easy movement. Bring a warm wrap for relaxation at the end of each class. Always listen to your body and rest at any time you need to during the class.

Classes will be taught in block sessions. Cost is £5.00 per class. If paying by cheque, please make it payable to Gloria Hanson. If you are unable to come to class, please contact Gloria at 07870 335 348. For other classes, workshops and retreats, please visit my new website at [www.radiantlivingmanchester.com](http://www.radiantlivingmanchester.com) and [www.mindful-solutions.co.uk](http://www.mindful-solutions.co.uk).